



武德館



Tang Soo Do Korean Terminology



GENERAL TERMINOLOGY • BASIC STANCES • STARTING & ENDING CLASSES
NUMBERS • HAND BLOCKS • HAND ATTACKS • BASIC KICKS
HYUNG / FORMS • WEAPONRY FORMS





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GENERAL TERMINOLOGY

Tang Soo Do	Way of the China Hand
Soo Bahk Do	Ancient name of Martial Art in Korea
Moo Duk Kwan	The institute of Martial Virtue
Kwan Jang Nim	Grandmaster
Sah Bum Nim	4th Dan Master
Bo Sah Bum Nim	3rd Dan Black Belt
Kyo Sah Nim	2nd Dan Black Belt
Bo Kyo Sah Nim	1st Dan Black belt
Shim Sa Kwan Nim	Examiner
Dan	Degree, Holder of Midnight Blue Belt
Gup	Holder of Coloured Belt
Sun Bae Nim	Senior Member
Hu Bae Nim	Junior Member
Kam Sa Hap Ni Da	Thank You
Dojang	Training Hall
Do Bokh	Training Uniform
Dee	Belt
Kuk Gi	National Flag
Kwan Gi	Organisation Flag
Ki Hap	Shout
Hyung	Form
Cha Ki	Kick Technique
Mahk Ki	Block Technique
Kong Kyuk	Punch Technique
Soo Do	Soo Do Block
Jae Dae Ryun	Sparring
Il Soo Sik Dae Ryun	One Step Sparring
Kyuck Pah	Breaking
Ha Dan	Low
Choong Dan	Middle
Sang Dan	High
Ahp	Front
Yup	Side
Dwi	Back
Cha Ryut	Attention
Kyung Yet	Bow
Bahl Cha Ki Joon Bee	Ready to Kick
Joon Bee	Ready
Shi Jek	Begin
Ba-Ro	Return
Shio	Relax
Tora	Turn
Dwi Ro Tora	Turn to rear
Kyo Dae	Change Position



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BASIC STANCES

KOREAN	ENGLISH
JaSeh	Stance
Joon Bee JaSeh	Ready Stance
Chun Kul JaSeh	Front Stance
Hu Kul JaSeh	Back Stance
Ki Ma JaSeh	Horse Riding Stance
Sah Ko Rip JaSeh	Side Stance (feet pointed outward)
Bassai Joon Bee	Starting Stance for Bassai
Naihanchi Joon Bee	Starting Stance for Naihanchi





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STARTING AND ENDING CLASSES

KOREAN	ENGLISH
Cha Ryut	Attention
Kuk Gi E Tora	Turn to Flags
Kyung Yet	Bow
Ba Ro	Return
Sa Bum Nim Kyung yet	Bow to Master Instructor
Ahn Jo	Sit
Muk Yum	Meditation
E Ru Sut	Stand



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BASIC NUMBERS

KOREAN	ENGLISH
Ha Na	One
Dool	Two
Set	Three
Net	Four
Da Sot	Five
Yah Sot	Six
Il Gop	Seven
Yo Dull	Eight
Ah Hop	Nine
Yol	Ten



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BASIC HAND BLOCKS AND ATTACKS

KOREAN	ENGLISH
Ha Dan Mahk Ki	Low Block
Sang Dan Mahk Ki	High Block
Choong Dan Yup Mahk Ki	Side Block
Pahkeso Ahnuro Mahk Ki	Outside to Inside Block
Ahneso Pahkuro Mahk Ki	Inside to Outside Block
Ha Dan Sang Soo Mahk Ki	Double Fist Low Block
Choong Dan Sang Soo Mahk Ki	Double Fist Middle Block
Hu Kul Sang Soo Mahk Ki	Double Fist Middle Block (Backstance)
Sang Dan Sang Soo Mahk Ki	Double Fist High Block
Ha Dan Soo Do Mahk Ki	Low Section Soo Do Block
Sang Dan Soo Do Mahk Ki	High Section Soo Do Block
Choong Dan Kong Kyuk	Midsection Front Punch (Front stance)
Sang Dan Kong Kyuk.	High section Front Punch (Front Stance)
Hang Jin Kong Kyuk	Side Punch (Horse-riding Stance)
Yuk Jin Kong Kyuk	Soo Do Reverse Punch (Back Stance)
Kwan Soo Kong Kyuk	Spear Hand Attack (Front Stance)
Ha Dan Mako Choong Dan Doroso Kong Kyuk	Low Block Reverse Punch
Sang Dan Mako Sang Dan Doroso Kong Kyuk	High Block Rever Punch
Phakeso Ahnuro Mako Choong Dan Doroso Kong Kyuk	Outside Inside Block Reverse Punch
Ahneso Phakuro Mako Choong Dan Doroso Knong Kyuk	Inside Outside Block Reverse Punch
Yuk Soo Do	Ridge Hand Strike
Yuk Soo Do Doroso Kong Kyuk	Reverse Soo Do Reverse Punch
Kap Kwon	Back Fist
Kap Kwon Doroso Kong Kyuk	Back Fist Reverse Punch



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BASIC KICKS

KOREAN	ENGLISH
Ahp Cha Ki	Front Snap Kick
Ahp Podo Oly Ki Cha Ki	Front Stretch Kick
Yup Cha Ki	Side Kick
Yup Podo Oly Ki Cha Ki	Side Stretch Kick
Dull Ryo Cha Ki	Roundhouse Kick
Phakeso Ahnuro Cha Ki	Outside Inside Kick
Ahneso Phakuro Cha Ki	Inside Outside Kick
Dwi Cha Ki	Back Kick
Ahp Naksee Cha Ki	Front Hook Kick
Dwi Naksee Cha Ki	Spin Hook Kick
Moo Roop Cha Ki	Knee Strike
Peet Cha Ki	45 Degree Front Kick
Peeterol Cha Ki	Windmill Kick
Yi Dan Ahp Cha Ki	Jump Front Kick
Yi Dan Yup Cha Ki	Jump Side Kick
Yi Dan Dull Ryo Cha Ki	Jump Round House Kick
Yi Dan Ahp Naksee Cha Ki	Jump Front Hook Kick
Yi Dan Dwi Naksee Cha Ki	Jump Spin Hook Kick



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WEAPONRY FORMS

KOREAN	ENGLISH
Jang Bong Hyung Il Bu	Bong Form 1
Jin Hyung Il Bu (Advanced)	Bong Form 1 Advanced
Jang Bong Hyung Ee Bu	Bong Form 2
Bassai Cho	3 Bong Form
Umi Han Kang Yak	Bong Form 4
Bargue P'ae Bae	Bong Form 5
Ssang Jool Bong Hyung Il Bu	Nunchuck Form 1
Ssang Jool Bong Hyung Ee Bu	Nunchuck Form 2
Ssang Jool Bong Hyung Sam Bu	Nunchuck Form 3
Jang Gum Hyung Il Bu	Sword Form