

武德館



RESPECT
DISCIPLINE
FOCUS
CONFIDENCE
EXCELLENCE

MEMBERSHIP PACK

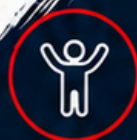
— CHAMPION TANG SOO DO —
EST. 2014



EXPERT
INSTRUCTION



PROGRESSIVE
SYLLABUS



BUILDING
CONFIDENCE



A STRONG
COMMUNITY

MORE THAN MARTIAL ARTS.
IT'S A WAY OF LIFE.

CHAMPIONTSD.COM

WELCOME TO CHAMPION TANG SOO DO



A BRIEF HISTORY

Tang Soo Do is a traditional Korean martial art with roots dating back thousands of years. It evolved from ancient Korean fighting systems, including Soo Bahk, which were practised during the era of the Three Kingdoms of Korea.

The modern form of Tang Soo Do developed in Korea during the 20th century and combines traditional martial arts values with effective self-defence, discipline, fitness and character development.



YOUR CLUB

Champion Tang Soo Do is led by **5th Dan Master Jag Basra**, who has practised Tang Soo Do for over 25 years and has competed internationally, achieving numerous titles including **World, European and British Championship titles**.

Alongside his dedication to teaching and passing on his knowledge of Tang Soo Do, Master Jag previously served as a Police Constable, serving communities across Northamptonshire and Bedfordshire.

All instructors at Champion Tang Soo Do are appropriately licensed, insured and DBS checked through our governing body. We follow a structured syllabus to ensure that every student receives high-quality, well-rounded martial arts tuition in a safe, supportive and disciplined environment.

Further information about Champion Tang Soo Do can be found on our website.



STUDENT REQUIREMENTS

All students are required to hold valid martial arts insurance in order to train. Full details regarding insurance, membership fees and payment arrangements are included within this pack.

Students should obtain their **official Champion Tang Soo Do uniform** approximately one month after beginning their training. The uniform includes the club back patch, front embroidery and belt.

Mandatory protective equipment, including **head and hand guards**, will also be required as students progress with their training.

For your first classes, comfortable, loose-fitting clothing is perfectly suitable. No footwear is required, as all training takes place barefoot.



WELCOME TO THE CLUB

Thank you for choosing Champion Tang Soo Do.

Whether your goal is to improve your fitness, learn effective self-defence, build confidence, develop discipline or progress through the ranks, we are committed to helping you get the very best from your training.

We hope your time with us will be enjoyable, rewarding and the beginning of a long journey in Tang Soo Do.

Please complete the **Membership Form** and **Media Permission Form** included within this pack and return them as instructed.

Kind regards,

Master Jag Basra

5th Dan Master Instructor
Champion Tang Soo Do



CLASSES & TRAINING

YOUR FIRST MONTH IS

1 MONTH FREE TRIAL

New to Champion Tang Soo Do?

All new students are invited to enjoy a **1 MONTH FREE TRIAL**, giving you the opportunity to experience our classes, meet the instructors and discover Tang Soo Do before committing to membership.

NO EXPERIENCE NECESSARY
• ALL ABILITIES WELCOME •

CLASS TIMETABLE

MONDAY



MIXED CLASS

6:30pm – 7:30pm

Suitable for all
grades and
abilities.

WEDNESDAY



MIXED CLASS

5:30pm – 6:30pm

Suitable for all
grades and
abilities.

THURSDAY



MIXED CLASS

5:30pm – 6:30pm

SENIOR CLASS
6:30pm – 7:30pm

For Green Belt & Above



WHERE WE TRAIN

BILTON INFANT SCHOOL



Magnet Lane
Bilton, Rugby
CV22 7NH



All regular Champion
Tang Soo Do classes
are held at
Bilton Infant School.



WHAT TO WEAR FOR YOUR TRIAL

- ✓ You don't need a uniform to get started.
- ✓ For your first classes, simply wear **comfortable, loose-fitting sports clothing** that allows you to move freely.
- ✓ Training takes place **barefoot**, so no special footwear is required.



READY TO START?

Come along, experience Tang Soo Do and see what we can help you achieve.

1 MONTH FREE • NO EXPERIENCE REQUIRED

TRAIN • GROW • ACHIEVE



CHAMPION TANG SOO DO

championtsd.com



MEMBERSHIP PLANS & FEES



YOUR FIRST MONTH IS FREE

Enjoy your first month of training completely FREE. After your trial, simply choose the membership plan that best suits your training.

BASIC / BEGINNER



£35

PER MONTH

1 CLASS PER WEEK

Perfect for beginners or students who can only commit to one training session each week.

Choose any one suitable class each week and begin progressing through your Tang Soo Do journey.

£8.75 per session
based on 4 weeks

UNLIMITED



£40

PER MONTH

UNLIMITED CLASSES

Train as often as you can across all classes available to your grade.

Ideal for students who want to maximise their training, develop their skills and make faster progress towards their next grading.

BEST VALUE
FOR REGULAR TRAINING

SENIOR BASIC



£40

PER MONTH

1 CLASS PER WEEK

For students who have achieved 6th Gup Green Belt or above and can attend one session per week.

Senior-grade training introduces more advanced areas of the syllabus and requires increasingly detailed tuition.

SENIOR UNLIMITED



£50

PER MONTH

UNLIMITED CLASSES

For students who have achieved 6th Gup Green Belt or above and want access to all suitable training sessions.

Senior training includes increasingly advanced syllabus work such as:

- Weaponry
- Weapon Sparring
- Self-Defence
- Kick Forms
- Advanced Breaking



Once a student achieves **6th Gup Green Belt**, their membership will move to the appropriate Senior Plan from the following monthly billing period.

FAMILY DISCOUNTS

TRAIN TOGETHER. SAVE TOGETHER.

When two or more members of the same family train with Champion Tang Soo Do, each paying family member receives:



£5 OFF

PER PERSON • EVERY MONTH

EXAMPLE



2 x Basic Memberships
Normally £70



Family Price £60



3 x Unlimited Memberships
Normally £120



Family Price £105



1 x Basic + 1 x Senior Unlimited
Normally £85



Family Price £75

4TH FAMILY MEMBER TRAINS FREE!



When four members of the same family train with us, the 4th member trains completely **FREE**.

The remaining three paying members will still each receive their £5 monthly family discount.



4 x Basic Plans
Normally £140



Family Price £90



4 x Senior Unlimited Plans
Normally £200



Family Price £135



SIMPLE MONTHLY PRICING

Your monthly membership fee remains the same regardless of whether there are four or five training weeks within the month.

If you ever have a concern regarding your membership or payments, please speak to us. We will always be happy to discuss your circumstances and help wherever reasonably possible.





CHAMPION TANG SOO DO

OFFICIAL MERCHANDISE

TRADITION. DISCIPLINE. RESPECT.

UNIFORM & TRAINING EQUIPMENT

Wear it with pride. Train with confidence.

STANDARD DOBOK

£35.00

For beginner and junior-grade students.



FRONT



BACK



SIDE

RED TRIM DOBOK

£45.00

For students who progress to the appropriate Red Belt grade.



FRONT



BACK



SIDE

DAN GRADE DOBOK

£55.00

For Black Belt and Dan-grade students.



FRONT



BACK



SIDE



ALL DOBOKS ARE PREMIUM QUALITY, FULLY EMBROIDERED WITH CLUB LOGO AND COUNTRY FLAGS.

Made from durable, hard-wearing fabric designed for comfort, performance and long lasting use.

COMPLETE SPARRING KIT

£100.00

Everything you need for safe, confident sparring and competition.

- ✓ High quality protection
- ✓ Lightweight & comfortable
- ✓ Secure fit & breathable
- ✓ Suitable for training and competitions

HEAD GUARD



HAND GUARDS



FOOT GUARDS



DURABLE • LIGHTWEIGHT • BREATHABLE • SECURE FIT

Designed to keep you protected so you can perform at your best.



WHEN DO I NEED IT?



1. START

New students can start training in comfortable sportswear.

FOCUS ON LEARNING.
WE'LL GUIDE YOU.



2. UNIFORM

Your official dobok should be obtained approximately 1 MONTH after starting.

WEAR IT PROUDLY.
REPRESENT THE CLUB.



3. SPARRING KIT

Sparring equipment becomes necessary as you progress and begin sparring.

STAY SAFE.
TRAIN CONFIDENTLY.

TRAIN • GROW • ACHIEVE



CHAMPION TANG SOO DO

— OFFICIAL MERCHANDISE —

TRADITION. DISCIPLINE. RESPECT.

NEW STARTER BUNDLE

Everything you need to start training –
plus a FREE month. Perfect for beginners.



WHAT'S INCLUDED

1 OFFICIAL CHAMPION TANG SOO DO UNIFORM



2 COMPLETE SPARRING KIT



3 1 EXTRA MONTH OF FREE MEMBERSHIP



TOTAL VALUE

£175



STARTER BUNDLE PRICE

£150

UNIFORM £35 | SPARRING KIT £100 | EXTRA MONTH £40

YOU SAVE £25!



TOP QUALITY
Official club uniform
and equipment.



SAFE & PROTECTED
High quality sparring
gear for confidence
and safety.



READY TO TRAIN
Everything you need
to get started.



BUILT FOR SUCCESS
Start your journey the
Champion way.

**NEW
STUDENTS
ONLY**



AVAILABLE TO
NEW STUDENTS ONLY



MUST BE ORDERED WITHIN
FIRST MONTH OF JOINING



REDEEM AFTER COMPLETING
YOUR FREE TRIAL

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CHAMPION TANG SOO DO

TRADITION. DISCIPLINE. RESPECT.

STUDENT MEMBERSHIP FORM

WELCOME TO CHAMPION TANG SOO DO – PLEASE COMPLETE CLEARLY.



1. STUDENT DETAILS

Full Name: _____ Date of Birth: / /

Address: _____ Age:

Town / City: _____ Postcode: _____

Phone (Mobile): _____ Email: _____

School (if applicable): _____

How did you hear about us? _____



2. PARENT / GUARDIAN DETAILS

(FOR STUDENTS UNDER 18 YEARS)

Full Name: _____ Relationship to Student: _____

Phone (Mobile): _____ Email: _____

Address (if different from above): _____



3. EMERGENCY CONTACT

(OTHER THAN PARENT / GUARDIAN)

Full Name: _____ Relationship: _____

Phone (Mobile): _____



4. MEDICAL INFORMATION

Does the student have any medical conditions, injuries, allergies or learning disabilities that instructors should be aware of?

☐ YES

☐ NO

If yes, please provide details: _____

Is the student currently taking any medication?

☐ YES

☐ NO

If yes, please provide details: _____

All information provided will be kept confidential and used only to ensure the safety and well-being of the student.



5. DECLARATION

I confirm that the information provided on this form is correct to the best of my knowledge.

I understand that participation in martial arts involves a degree of physical contact and accept that Champion Tang Soo Do cannot be held responsible for any injury or loss sustained as a result.

I agree to abide by the club rules and policies.

Signed (Parent / Guardian): _____

Date: / /

Signed (Student): _____ (If over 12 years old)

Date: / /

FOR
CLUB
USE
ONLY

Start Date: / / Membership No: Instructor:

Membership Plan: ☐ 1 Class / Week ☐ Unlimited ☐ Senior (Green +) Insurance: ☐ Yes ☐ No

Uniform Size: ☐ 000 ☐ 00 ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ Other _____

Notes: _____

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CHAMPION TANG SOO DO

— TRADITION. DISCIPLINE. RESPECT. —

PHYSICAL ACTIVITY READINESS QUESTIONNAIRE (PAR-Q)

This questionnaire helps us to make sure training is safe and suitable for you.

Student Name: _____

Date of Birth: / /

Date Completed: / /

Completed by: ☐ Student ☐ Parent / Guardian

Please answer the following questions by ticking YES or NO. Please answer each question carefully and honestly.

QUESTION	YES (If Yes, provide details below)	NO
1 Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor?		☐ ☐
2 In the past month, have you had chest pain when you were not doing physical activity?		☐ ☐
3 Do you lose your balance because of dizziness or do you ever lose consciousness?		☐ ☐
4 Do you have a bone or joint problem that could be made worse by a change in your physical activity?		☐ ☐
5 Is your doctor currently prescribing drugs (for example, water pills) for your blood pressure or heart condition?		☐ ☐
6 Do you have asthma?		☐ ☐
7 Do you have any other medical condition, injury or concern that may affect your ability to take part in training? Please provide details.		☐ ☐
8 Any other medical notes or information you think we should know about? Please provide details.		☐ ☐



IF YOU ANSWER YES

Talk with your doctor by phone or in person BEFORE you start a new program of physical activity or before you participate in a fitness assessment. Tell your doctor which questions you answered YES to and which physical activities you plan to do.



Scan the QR code to learn more about PAR-Q.



DECLARATION

I have answered the above questions honestly and to the best of my knowledge. I understand that it is my responsibility to inform Champion Tang Soo Do of any changes in my health or fitness that may affect my ability to participate safely in training.

Signed (Student): _____

Date: / /

Signed (Parent / Guardian): _____ (if under 18 years old)

Date: / /

FOR CLUB
USE ONLY

Reviewed by Instructor: _____

Date: / /

Notes / Action Taken: _____

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CHAMPION TANG SOO DO

— TRADITION. DISCIPLINE. RESPECT. —



MEDIA PERMISSION PHOTOGRAPHY & VIDEO CONSENT FORM

Please read the information below and complete all sections.



1. STUDENT DETAILS

Student Full Name: _____

Date of Birth: / /

Parent / Guardian Full Name (if student is under 18): _____

Relationship to Student: _____



2. MEDIA PERMISSION

Champion Tang Soo Do may take photographs and/or video footage during classes, gradings, events, tournaments and other club activities for the purposes of promoting and celebrating the club. This may include images and videos of your child.

Please indicate your consent below by ticking the appropriate boxes:

	YES	NO
 PHOTOGRAPHS I give permission for photographs of my child to be taken and used for the purposes described below.	☐	☐
 VIDEO FOOTAGE I give permission for video footage of my child to be recorded and used for the purposes described below.	☐	☐
 USE OF IMAGES & VIDEOS I give permission for photographs and/or video footage of my child to be used in the following ways: • Club website and social media platforms (e.g. Facebook, Instagram) • Printed promotional materials (e.g. posters, flyers, brochures) • Local newspapers, magazines or other media • Internal club displays and presentations	☐	☐
 GROUP IMAGES I understand that my child may appear in group photographs or videos.	☐	☐



IMPORTANT INFORMATION

- We will always use images and videos appropriately and respectfully.
- Your child's name will not be published alongside images without additional consent.
- You can withdraw this consent at any time by contacting the club in writing.
- Withdrawing consent will not affect your child's ability to take part in any club activities.



3. DECLARATION

I have read and understood the information above and give my consent as indicated.

Signed (Parent / Guardian): _____

Date: / /

Print Name: _____

**FOR CLUB
USE ONLY**

Date Received: / /

Received By: _____

Notes: _____

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CHAMPION TANG SOO DO

— TRADITION. DISCIPLINE. RESPECT. —

WELCOME TO CHAMPION TANG SOO DO

WE'RE DELIGHTED TO HAVE YOU JOIN OUR MARTIAL ARTS FAMILY!



At Champion Tang Soo Do, we are more than just a Martial Arts club – we are a family built on respect, hard work and continuous improvement. Our goal is to help every student build confidence, develop self-discipline and achieve their personal best in a positive and supportive environment.

We look forward to being part of your journey!

Master Jag Basra

Chief Instructor & Club Owner



1. MEMBERSHIP PLAN – PLEASE SELECT



1 CLASS PER WEEK

£35.00 per month

Attend one class per week.



UNLIMITED CLASSES

£40.00 per month

Attend as many classes as you like.



SENIOR (GREEN+ GRADES)

£50.00 per month

Unlimited classes for Green Belts and above.



All payments are to be made in advance. Memberships are rolling monthly.

— PLEASE TICK YOUR CHOICE ABOVE —



2. PAYMENT DETAILS

PLEASE SET UP A STANDING ORDER USING THE DETAILS BELOW:



ACCOUNT NAME: **JAG BASRA**



BANK NAME: **REVOLUT**



SORT CODE: **23-01-20**



ACCOUNT NUMBER: **87917670**



REFERENCE: **Student Name**
(e.g. JAG BASRA)

Thank you!

If you have any issues setting up your payment, please speak to Master Jag or your instructor.



3. IMPORTANT NOTES



Invoices are issued monthly and must be paid by the due date.



All students must attend regularly and aim for a minimum of 80% attendance over 3 months to grade.



Full uniform and suitable equipment must be worn for all classes.



Respect, discipline and teamwork are at the heart of everything we do.



4. STUDENT COMMITMENT

I agree to abide by the club rules, show respect to my instructors and fellow students and give my best effort in every class.

Student Signature: _____

Date: / /

Parent / Guardian Signature (if under 18): _____

Date: / /

THANK YOU FOR CHOOSING CHAMPION TANG SOO DO
TRAIN HARD • STAY HUMBLE • ACHIEVE GREATNESS

TRAIN • GROW • ACHIEVE